

BRACE-ASAURUS TIMES



Spring/Summer 2018

IN THIS ISSUE

- College Scholarship
- Patient Appreciation Day
- School Supplies Drive
- Retirement Announcements
- Contests Announcements
- Kidz Club
- Win Free Movie Passes
- Social Media
- Information Updates
- Birthdays and Anniversaries
- Brace-Friendly Recipe

COLLEGE SCHOLARSHIP



We are pleased to announce that Dr. Kim and Dr. Desai will award \$1000 scholarships to two deserving high school seniors who have had orthodontic treatment in our office. Please visit our website at www.brace-asaurus.cm to download the application. You will find it in the Programs & Events section of the website. Application deadline is July 15th. Please drop off or have it postmarked before that date. Winners will be chosen by August 15th.

PATIENT APPRECIATION DAY



Patient Appreciation Day will be on **June 28th!!!** Mark your calendar now! The Ice Cream Emergency Truck will be here to give ice cream to our patients. You don't have to have an appointment that day just stop on by between the

hours of 1:30-4:30, grab a ticket at the door for your free ice cream and head to the truck. The truck will be parked by the back parking lot so please be careful after getting your ice cream. You will have the choice of 6 different flavors. Don't forget to bring a friend with you too!

SCHOOL SUPPLIES DRIVE

Please bring in any new school supplies to be donated to Big Brothers/Big Sisters. Examples of school supplies include: pens, pencils, crayons, backpacks, lunch boxes, notebooks, etc. We will collect these items up until mid August .

BOOK DRIVE

Thank you to those who donated books for our Annual Book Drive. Through your efforts we were able to donate many books to Big Brothers/Big Sisters and The Children's Center of Hamden. They are very grateful for every book they receive so we hope we can donate an even greater number of books next year!



RETIREMENT ANNOUNCEMENTS



A letter from Dr. Kim to his patients:

It has been my honor and pleasure to bring so many smiles in our community up to par over the last 31 years. As I walk the final fairway of my orthodontic career I want to take a swing at thanking you for your trust and confidence in permitting me to take care of your orthodontic needs during this time. I have cherished my profession and the fabulous team, partners and caddies I have worked with, and as I approach the 18th green, it is with mixed emotions that I am announcing that I will sink my teeth into retirement from active practice, effective October 23rd.

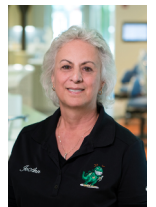
By now most, if not all, of you have met Dr. Shamik Desai, who has been my partner for over a year and a half. Dr. Desai is a graduate of Harvard School of Dental Medicine and was awarded his Masters of Science degree in Orthodontics from the Columbia University College of Dental Medicine. I believe Dr. Desai possesses the highest qualifications and as I pass the driver into his well-trained hands I am confident that he will tee it up and continue to provide you and your family with the best orthodontic care.

Any way you slice it, I have been fortunate to have enjoyed a grand slam of an orthodontic career. I have greatly valued the many relationships I have developed over the years and thank you again for your loyalty and friendship. I will miss all of you very much and wish you health, happiness and beautiful smiles.

With warmest regards,

Dr. Michael Kim

On April 26th, JoAnn Apuzzo said good-bye after working with our team for the past 26 years! She was an amazing person and an essential part of our team from scheduling your appointments to handling insurance matters and billing. We will all miss her and wish her the best in her retirement.



CONTESTS ANNOUNCEMENTS

Our current in-office contest is *Pick that Chick*. Each team member has created a chick. Using the clues try to match the chick to the appropriate team member.



Our *Let it Snow* contest is complete. Our winner was: Shunji L. who won movie tickets. Carter B, was our runner up. He won an ice cream gift certificate to Kelly's Kone Konnection. Congratulations!

For our Mother's Day drawing we had our patient's write why their Mom is the best. A drawing took place and 3 lucky mom's won a manicure/pedicure at Julie's Nails. Those winners were: Yolanda Jones, Laurie D'Adamo, and Angela Nardecchia.

As of print time, our Father's Day contest is ongoing, but 3 lucky Dad's will win a Full Service Works Wash from Splash!

Our next contest will be Red, White and Blue themed so be sure to look out for that!

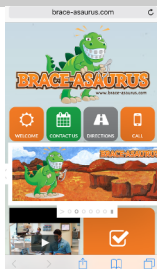
KIDZ CLUB



Do you have a child under the age of 7 who is not already in our Kidz Club? Our Kidz Club Program is designed to monitor children from birth to the time that they are ready for orthodontic treatment. As a courtesy, we will put their name and birth date into our system. The American Association of Orthodontists recommends that a child's first visit to the orthodontist should occur at age 7 and we will contact you at that time. They will receive a t-shirt and a membership card. Each time they come to the office with a sibling or parent, they will receive one stamp on their Kidz Club Card. A fully stamped card can be redeemed for a special prize!

WIN FREE MOVIE PASSES

Don't forget to save our website app to your home screen on your phone! When you come in for an appointment and are on time just go into it and click the "On-Time?" button, type your name and e-mail and you will be entered into our monthly drawing to win FREE movie passes! With this app you can also click on the Share button to easily share us with your friends and family.



FIND US ON SOCIAL MEDIA



If you are on Facebook, Instagram, Twitter, or You Tube be sure to like or follow us! Search for Braceasaurus to find us. We announce special office updates, share relevant pictures of our patients and post winners of our contests along with other fun facts or links. We love to see our patients photos too, so feel free to share your Brace-asaurus smiles with us by using #DocKimBraces.

INFORMATION UPDATES

Please be sure to notify us via phone or e-mail if any of the above information has changed recently so that we have your current information in our system.



BIRTHDAYS & ANNIVERSARIES

May 16th - Angela's 39th Anniversary

May 21st - Cheri's 22nd Anniversary

June 1st - Dr. Kim's 31st Anniversary

June 26th - Gab's 10th Anniversary

June 29th - Tamar's Birthday

July 20th - Renee's Birthday

August 8th - Gab's Birthday

August 12th - Renee's 2nd Anniversary

August 20th - Tamar's 17th Anniversary



BRACE-FRIENDLY RECIPE

Spinach Artichoke Quinoa Casserole

Ingredients:

- 1 1/2 cups **quinoa**, uncooked
- 2 1/2 cups water
- 1 large onion, thinly sliced
- 4 large garlic cloves, minced
- 1 tbsp **olive oil, extra virgin**
- 2 cups any milk
- 1 tbsp **cornstarch**
- 2 cups artichoke hearts, coarsely chopped*
- 11 oz package (4 large handfuls) spinach
- 1/2 cup (1 oz) Parmesan cheese, shredded
- 3/4 cup (3 oz) white cheddar (mozzarella) cheese, shredded & divided
- 1/2 tsp + a pinch **salt**
- 1/2 tsp ground black pepper

In a medium pot, add quinoa, water and a pinch of salt; cover and bring to a boil. Reduce heat to low, cook for 12 minutes and set aside.

1. Preheat [large non-stick skillet](#) on medium heat and swirl olive oil to coat. Add onion and garlic, saute until translucent, stirring occasionally.
2. Preheat oven to 375 degrees F and spray 9" x 13" baking dish with cooking spray. In a small bowl, whisk together milk with cornstarch. Add to a skillet with previously cooked onion and garlic. Also add artichoke hearts, spinach, Parmesan cheese, 1/2 cup cheddar cheese, quinoa (fluff with a fork a bit before adding), 1/2 tsp salt and pepper. Stir until cheese is melted.
3. Transfer mixture to a prepared baking dish, level and sprinkle with remaining 1/4 cup cheese. Bake uncovered for 25 minutes. Serve hot.

Author: ifoodreal.com Yields 8 servings